




# BUILDING A HEALTHIER MISSISSIPPI TAKES ALL OF US.

UProot’s coalition of community partner organizations comes from every sector. You can help grow solutions that will improve the health of everyone in Mississippi. [Here’s how:](#)

## FOLLOW

### UProot on Social Media

Subscribe, like, and share our content on:

-  [UProot Mississippi](#)
-  [@uprootms](#)
-  [@uprootmississippi](#)

## SHARE

### a Success Story

Send us grassroots health projects or events happening in your area, and we’ll amplify them to help spread the word.

[uproot@msdh.ms.gov](mailto:uproot@msdh.ms.gov)

## REQUEST

### a Presentation

Are you a member of a civic, professional, or faith-based organization? UProot can speak during a meeting or lunch.

Schedule a presentation:  
[uproot@msdh.ms.gov](mailto:uproot@msdh.ms.gov)

## JOIN

### a Workgroup

UProot partners meet monthly to tackle Mississippi’s key health issues:

- The Social Determinants of Health
- Obesity – Youth Mentorship
- Obesity – Tracking Nutrition
- Obesity – Diabetes Prevention

Email us at [uproot@msdh.ms.gov](mailto:uproot@msdh.ms.gov) if you’d like to join the effort!

Workgroups represent the priorities of the current [State Health Improvement Plan \(SHIP\)](#).

**SHARE** this document with your network!